

SEWING ADVICE—HOUSEHOLD HELPS—HEALTH TALKS—COOKERY—QUERIES—FASHION HINTS

UNLOVELY SPORT SHIRT SUBJECT OF M'LISS' COMMENT

This Radical Fashion in Masculine Attire Threatens to Become Popular Despite Its Exceeding Ugliness

IT HAS ever been the wont of the masculine sex to point the finger of ridicule and satire at woman's subservience to Dame Fashion. No style, we are told—and the facts of the case preclude a denial—is too ugly, too outre, too disgusting to prevent the vast majority of women from adopting it.

But the recrudescence of the sport shirt, that hideously of hideousness of masculine attire, leaves our critics without a leg to stand on. Observation has proved that no Adam's apple is too prominent, no neck too scrawny, no countenance too hatched-faced, to warn man against the atrocious sport shirt.

When, two seasons ago, that daring article of apparel made its appearance on the market, it was received with gibes and sneers. The Boas Brummels who are ever ready to consider the new passed it up for its sheer unattractiveness.

Presently, however, a few creatures who were described variously as "nuts" and "pinheads" came out in the open flaunting their bared throats and chests in the face of a scandalized world.

Decollete for men did not seem quite the thing. The sport shirt was a freak, it was predicted, born only for an early death.

Two years ago, that was. This season the sport shirt is more popular than ever. Men who are not freaks, or Brummels, or nuts, or Adonises, have appeared quite shamelessly in them at their offices and on the public highway.

The sport shirt is an innovation in men's fashions. As far as I can ascertain men have never before in the history of the world dared to bare their throats in public, if one except the bathing beaches. They have bared their calves, yes, even their knees, but never their necks. The world has been far too inebriated to the debt of gratitude owing to the individual who first invented the collar. Let us glorify the passing collar while we deplore the coming of the sport shirt.

Men are not to be rebuked for their desire for a radical change in fashion. Nor was it to be expected that they revert to this practical day to the picturesque costume of the cavalier days. Satin knee breeches, wristlets of fine lace, frilly jabots depending from a stock collar well-nigh to the waist, waistcoats of brocade with crystal buttons make for a gentleman worth dreaming about, however.

But why the sport shirt? Those persons who love to declare that all of the world's really meritorious inventions, including those culinary and those sartorial, sprang from the brain of man, had better pause and consider. Surely these inventive geniuses have not done well by brothers in putting out the sport shirt.

Can it be possible that this is the creation of a woman's brain? M'LISS.

Letters to the Editor of the Woman's Page

Address all communications to M'LISS, care of the Evening Ledger. Write on one side of the paper only.

Dear M'LISS—My hair has been falling out for some time and it is continually becoming thinner. I would be very much pleased if you would advise me what to do for it.

AN ANXIOUS GIRL.

The poor condition of your hair indicates that your physical condition is not good. Consult a physician. Perhaps you need a tonic.

Massage your scalp the night before the morning on which you are going to wash it, with your finger tips dipped in olive oil. It is not necessary to get the oil on the hair. If you use care, it will touch only the scalp. Do not use more than a tablespoonful of the oil.

Make a shampoo of a pint of boiling water and a half cake of pure white soap flaked into it. Let the soap dissolve and the liquid cool. Work it well into the scalp. Rinse many times until all the soap is out. Pay a visit to a good hairdresser, who will recommend a tonic.

VERMONT HAD CHILD PARALYSIS, SAYS DR. EVANS; NEED DIAGNOSIS

By WILLIAM A. EVANS, M. D.

THAT these children had had acute febrile attacks, usually within ten days or two weeks, and had not fully recovered their strength. The children were appreciably pale, weak and listless.

In the 1914 epidemic there were five instances in which there were paralyzed on the farm where there were cases of infantile paralysis. On three such farms there was paralysis of cows or calves, on two of pigs, and on two of dogs.

After consulting with Doctor Flexner, the board decided to spend the money for three purposes: 1. In educating the physicians of the State to recognize in its early stages and especially to diagnose the cases in which there is no paralysis.

2. In doing research work. 3. In an effort to redevelop the wasted limbs of the paralyzed.

Dr. Lovett, of Harvard, who had charge of the work of developing the paralyzed limbs, has held several clinics at which he has examined the paralyzed. Some have regained the power of their limbs through the exercises and manipulations which he has directed. He has evoked a method of measuring the strength of muscles. The physicians were better able to recognize the mild cases in 1915 than in the previous year.

Dr. Caverly, in reporting these two epidemics, says: "There was a large proportion of recovered (abortive) cases. Suspicious cases were carefully investigated. Some of these cases were formerly thought to have passed for colds, grip, indigestion or teething, were occasionally found to be really poliomyelitis."

The methods by which some of these mild cases were diagnosed were various. Some of them were so recognized because they were in contact with severe cases, some because severe cases contracted the disease from them. Some were diagnosed when Doctor Lovett's tests showed that they had weak muscles, some because after recovery they dragged their toes just enough to wear out the tips of the shoes the next day.

The disease started with fever, vomiting, more or less pains in joints, pain along the spine in some cases. It is always difficult to make a diagnosis. It is an acute spinal fluid test unless there is paralysis. Nearly one-fifth of the cases never developed paralysis.

The average onset of paralysis in this epidemic was early. The date of its appearance was as follows: Fifty-three cases, first day; 64, second day; 63, third day; 43, fourth day; 16, fifth day; 10, sixth day; 10, seventh day; 2, after the seventh day.

In visiting paralyzed case not infrequently one or more children in the family would be noted as not acting quite well. On questioning the parents it was learned

SEEN IN THE SHOPS



QUAINT MIDSUMMER FROCK

VOILE is used for this demure frock, reminiscent of other days. The quaint fichu effect is of self-material finished with double frills of net joined by hemstitching, while the leg-o-mutton sleeves are finished in a similar manner.

This demure hat is of natural leghorn, with a slightly drooping brim. The crown is covered with open falls ribbon interlaced with the ends, extending almost to the edge of the brim, while four French roses with glossy foliage complete the trimming.

The name of the shop where these articles may be purchased will be supplied by the Editor of the Woman's Page, Evening Ledger, 608 Chestnut street. The request must be accompanied by a stamped self-addressed envelope, and must mention the date on which the article appeared.

THE WOMAN WHO SEWS

Readers who desire help with their dress problems will address communications to the Fashion Expert, care of the Editor of the Woman's Page, the Evening Ledger.

We've had just enough of the real hot weather to appreciate cool clothes, for never is a thin dress and loose, comfortable corsets so agreeable as on one of these sticky, humid days, when everything seems to be glued on. Speaking of corsets reminds me that they have undergone a process of specialization in the last two or three seasons.

There are corsets for all occasions. Time was when a woman who had two pairs of corsets, one for every-day wear and one for "good," considered her wardrobe. In that particular line, well supplied. But now the fashionable woman must have a loose, low-cut corset for golf and tennis, made with rubber supports so that it gives with the movements of the body.

Then there are decollete corsets for evening wear. They are but a strip of well-boned orchid satin, decorated with gold lace roses. As a fancy brassiere such a corset cannot be surpassed, women who wear them tell me.

And then come the bathing corsets! They're not the ugly, shrunken, iron-stayed stays of yesteryear. They are trik models of fresh pink rubber, lined with rubber and trimmed with flat glass buttons, if you please. Others of wide-meshed net combine shapeliness with lightness. Who says this isn't an age of specialization?

Dear Madam—I have an old embroidered voile dress, white, that has a narrow band of embroidery in quite fine, and I can rip the dress up and make over, or I don't know just what way to make it. There is at least two yards of embroidery and I don't know if I can add net or more voile, which I like. Any advice you can give me as to making over my dress will be appreciated.

C. G. J.

You can make a very up-to-date frock out of this flouncing. It ought to be deep enough to make a knee-length Russian blouse out of the flouncing part. Use the narrow skirt for this. If it is too narrow across the bust use self-in pieces of muslin voile or Walls of Troy design with hemstitching. The sleeves should be of white voile with collar and cuffs of the mitred

flouncing. Get enough net to make the skirt part under the Russian blouse and make a full skirt of voile. Hang it all on a stiff waistband of grosgrain or boned material.

Dear Madam—What sort of a hat would you get to wear with a marino blue or orange dress? It is one of the old-fashioned dresses, with a bertha and black velvet ribbon around the waist. I should like to get something that would be picturesque to go with it. JANE.

A. Waitman hat with the poke at the front and turned up in the back is pretty. Made of natural leghorn with black velvet chin strings and streamers at the back and a couple of marino blue ties they are quite in keeping with the costume you describe. Or the more conventional black poke boue net with a large pink rose would look well.

Dear Madam—I am making some handmade lingerie this summer. My material is very fine muslin, nothing fancy, just trimmed with narrow Valenciennes edging. Do you think it is better to French seam the seams by hand or simply machine them? What other trimming would you put on chemises and corsets and nightgowns besides Val.

GLEN.

French seams to wear well must be very carefully done; the stitches must be fine and the seams must be rolled perfectly. Machine-stitched seams stand laundering better. Why not make all the rest of the articles by hand except the seams? Hand-scalloped edges net footing with ribbon underneath and hemstitching are used.

For the Sickroom

Olive oil—Just a drop of it—put on the squeaky door hinges will stop the noise. This sort of thing is particularly irritating to an invalid, and care should be taken to see that a sick person is not disturbed.

Things She Longs to Cook

Please give me a few recipes for things I

MARION HARLAND'S CORNER

Calico Pieces Offered

MRS. G. G. S. asks about enamel stoves. "I have had mine for more than 13 years and am well pleased with it, as are many others who have them. In fact, they are common here. I do not think Mrs. G. G. S. need be afraid to get one. I answer her query, for I have seen no reply to her letter in the Corner. Are any more calico pieces wanted? I still have some to give away. I have supplied several Cornerites and will send more, if postage is paid."

Cake Much Praised

"I am sure M. T. B. would be pleased to know that her recipe for McKinley cake has been successfully tried by a bride. It was served with strawberries to four unexpected guests and was much praised. I was pleased to remark that the recipe was contributed by a kind friend to the Corner."

Putting Up Fruit

"I put up quantities of fruit every year. For 20 years I've followed this method, and in all that time I have broken out two glass jars, and those by turning too rapidly at first the boiling grapes into the cans. Have the glass washed thoroughly with some alkaline detergent, rinse in warm but not boiling water, and wipe or drain dry. Put upon each a new rubber and never reuse one that has been used before. Have the fruit cooked as you desire it and keep gently boiling. Fold a cloth perhaps half a yard square a little larger than the bottom of the glass jar. Wet it in cold water before folding it and place smoothly in the bottom of a quart jar or a pie pan and cover an inch or so with cold water. Spoon the fruit into the jar, and when it is hot, put it in, pouring in the fruit, slowly at first, it shall strike the bowl of the spoon. Then fill the jar, taking out the fruit in the fruit. Fill with the boiling juice to a level with the top. Wipe off any that may have dropped on the rubber, and as quickly as possible put the cover on and screw down tightly. After the fruit is light enough to exclude all the air, it is ready to place them upside down to cool. Then, if the tops are not tight enough, the leakage will betray it. Keep the fruit slowly boiling to the last. Change the cold water so as to have it cold for each jar, and have this on the side of the stove as near the boiling of the fruit, or to dip it from the kettle across the table, jeopardizes the perfect keeping."

Cottage Cheese

Will you kindly forward to me several recipes for cottage cheese? I have tried several times to make it, but mine always fails. W. H. W.

We cannot send recipes by mail. I trust this is what you want. Do not be discouraged by one or two failures. If you mean to use the cheese soon, you may improve it by working in a little cream just before serving it. A little butter is not amiss. Work it well into the curd. To every quart of rich milk you use allow a pinch of salt and a teaspoon of rennet, taking care to buy that which is not flavored in any way. When it is solid, turn it into a bag and let it drip. If it is well drained, so that all the whey is taken from the curd (it may take more than a day for this, and in that case you must change the bag and let it drip a second time), take it out, chop the curd fine, put it into a cheese box, and press two hours. Wrap in two or three folds of tissue paper or in tinfoil to exclude the air.

Granville's Cake

Not long ago you asked for recipes in which butter-milk was used as the main ingredient, and I have been thinking of one we have tried and liked. We call it Granville's cake. Take six cups of butter, one cup of sugar, one cup of molasses or white sugar, one teaspoonful of soda, one teaspoonful of lard, enough salt to season, be pressed into lumps, and three-quarters of a cup of molasses. Put in the lumps, but do not mix them all up. Do not make too thin. The mix may be lined with a thin layer of butter or simply sprinkled with flour. Without casting doubt upon your skill in cake-making, I must interject one query? Are not six cups of flour too much for the quantity of milk and molasses which are supposed to bring it to the proper consistency for cake batter? I accentuate the inquiry, as the mixture is to be baked in a pie crust, like custard or transparent pudding. You may be in the right, for I have not tried the formula. Reasoning upon general principles, I am speculating as to the possibility that the six cups were a slip of the pen. Of course, they are of sifted flour? I wish sincerely that you would write again and relieve my mind upon this head. I am making a choice collection of recipes based upon butter-milk, and I should like to include Granville's cake.

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ggetti into two quarts of boiling salted water and cook for 25 minutes, or until tender but not broken. Drain off the water and keep the spaghetti hot in a covered dish while you make the cream sauce to pour over it. Cook together in a saucepan until they bubble two teaspoonfuls of flour and the same quantity of butter; pour over them a pint of hot milk, and as this thickens stir into it two heaping teaspoonfuls of grated Parmesan cheese. Pour this sauce upon the spaghetti just before serving, lifting the latter lightly with a fork, that the creamy sauce may reach every part.

Our correspondent frankly confesses herself ignorant of practical cookery and appeals to the Corner for help. We have replied fully to her desire for certain recipes, and we trust, to her satisfaction. While we cannot hope to take the place of the cook book that will instruct her in every department of kitchen work, we are glad to be of some use to her.

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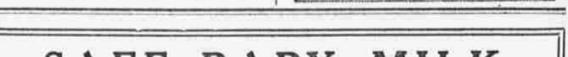
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INFANTILE PLAGUE CURE IN A BAG FAKE, SAYS KRUSEN; "WORTHLESS"

Dr. Wilmar D. Krusen, director of the Department of Health and Charities, today characterized as worthless a "preventive" of infantile paralysis that is being sold in drug stores throughout the city, in particularly large quantities in South Philadelphia.

The widely advertised medicine is in some cases a block of camphor, wrapped in a bag that is strung about the child's neck and in others a mixture of garlic, pepper and camphor. In the upper end of South Philadelphia it is difficult to find a youngster who has not been forced to wear this compound.

Doctor Krusen was not inclined to take any "preventive" seriously. He said that the medical profession as a whole had little faith in the value of camphor for such a purpose or the substances with which it is being compounded with such odoriferous effect.

The argument of the pharmacist is that the odor keeps dangerous insects at a safe distance from the child and that insects are responsible for the spread of infantile paralysis by carrying the germs.

Doctor Krusen conceded this as a possible argument, but said that it was hard to find camphor strong enough to insure the absence of insects. Mothers, however, have complete faith in the story bags—the same kind they placed in beds in bygone years as a preventive of whooping cough.

At the State Garden Recreation Centre, near Lancaster street, children ranging from five to ten years of age were wearing the story bags.

But the odor has been an annoyance to many. There seems to be a strong odor about the child's neck and in others a mixture of garlic, pepper and camphor. In the upper end of South Philadelphia it is difficult to find a youngster who has not been forced to wear this compound.

Advertisement for Eagle Brand Condensed Milk, featuring an illustration of a woman and a child, and text describing the product's benefits for cooking and nutrition.

Advertisement for Bonwit Teller & Co., featuring a list of clothing items such as Misses' Summer Frocks, Afternoon Frocks, and Tailleur Suits, along with their prices and store information.

Advertisement for choosing the right school for a son or daughter, listing various educational institutions like Bethlem Preparatory School, Swarthmore Preparatory School, and Mercersburg Academy.